



MASS VIOLENCE ADVISORY INITIATIVE

Officer Wellness Resources

IACP Resources

- [Employee Mental Health and Wellness](#)
- [Enhancing Officer Wellness and Resiliency in Policing](#)
- [Grief & Loss in Law Enforcement: Helping Officers and Agencies Recover and Heal](#)
- [How Law Enforcement Parents Can Talk to Their Children about Current Events](#)
- [Identifying Grief and Loss in Law Enforcement](#)
- [Messaging about Suicide Prevention in Law Enforcement](#)
- [Pathways Toward Collective Healing](#)
- [Peer Support as a Powerful Tool in Law Enforcement Suicide Prevention](#)
- [P.R.E.P. for Duty](#)
- [Resilience Strategies for your Role](#)
- [Supporting Officer Safety Through Family Wellness: Injury Reduction](#)
- [The Critical Components of Officer Mental Wellness and Resiliency](#)
- [The Importance of Health and Nutrition](#)
- [Supporting Law Enforcement Families in Understanding Trauma](#)

Additional Resources

- [Preparing for the Unimaginable: How chiefs can safeguard officer mental health before and after mass casualty events](#)
- [The Vicarious Trauma Toolkit](#)
- [Police-Mental Health Collaboration \(PMHC\) Toolkit](#)

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