



Crisis Response and Intervention Training (CRIT)

Proposed Training Matrix*

Total Time: 40 hours

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M1 Welcome & Introduction to CRIT	M7 Introduction to Intellectual & Developmental Disabilities	M13 Personal Connections	M17 Officer Mental Health, Wellness, and Resilience	M20 Scenario-Based Skills Training / De-escalation Strategies
M2 Perceptions & Attitudes	M8 Family & Peer Perspectives Panel		M18 Legal Considerations Part 1: Federal and State Laws Part 2: Agency Policies and Procedures Part 3: Legal Considerations in Practice	M21 Scenario-Based Skills Training / De-escalation Scenarios
M3 Introduction to Mental Illness, Mood Disorders, & Anxiety Disorders			Break	Break
Break	Break	Break	Break	Break
M4 Psychotic Disorders	M9 Suicide	M14 Disruptive & Impulse-Control Disorders in Children & Youth	M19 Scenario-Based Skills Training / De-escalation Communication Skills	M21 Scenario-Based Skills Training / De-escalation Scenarios
M5 Personality Disorders	M10 Substance Use Disorders	M15 Neurocognitive Disorders		
M6 Trauma & Post-Traumatic Stress Disorder	M11 Veterans	M16 Community Resources	M20 Scenario-Based Skills Training / De-escalation Strategies	Administrative Tasks: Graduation & Presentation of Certificates
	M12 Homelessness			

*The training matrix may be tailored to accommodate the resources and schedules of the law enforcement agency and their mental health/disability service provider partners. Coordination of the training matrix is included in strategic planning activities led by the Academic Training team.

Gray boxes indicate lunch breaks and administrative tasks;

Orange boxes include the welcome and training overview;

Blue boxes indicate instruction on behavioral health and intellectual and developmental disability basics;

Green boxes indicate time set aside for community site visits and officer engagement with people with lived experiences and their families;

Purple boxes indicate instruction that focuses on community resources and viewpoints of different populations; and

Red boxes indicate scenario-based skills training and discussion of key legal and policy issues.