



# Crisis Response and Intervention Training (CRIT)

## Proposed Training Matrix\*

Total Time: 40 hours

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M1   Welcome & Training Overview	M7   Introduction to Intellectual & Developmental Disabilities	M13   Personal Connections	M17   Officer Wellness	M20   Scenario-Based Skills Training / De-escalation Strategies
M2   Perceptions & Attitudes			M18   Assessment, Commitment, & Legal Considerations Liability and Legal Considerations Policies & Procedures	
M3   Introduction to Mental Health, Anxiety & Mood Disorders	M8   Family & Peer Perspectives Panel			Break
Break	Break		M14   Disruptive & Impulse-Control Disorders in Children & Youth	
M4   Psychotic Disorders	M9   Suicide	M15   Neurocognitive Disorders		
M5   Personality Disorders	M10   Substance Use Disorders	M16   Community Resources	M20   Scenario-Based Skills Training / De-escalation Strategies	Administrative Tasks: Graduation & Presentation of Certificates
M6   Trauma & Post-Traumatic Stress Disorder	M11   Veterans			
	M12   Homelessness			

\*The training matrix may be tailored to accommodate the resources and schedules of the law enforcement agency and their mental health/disability service provider partners. Coordination of the training matrix is included in strategic planning activities led by the Academic Training team.

Gray boxes indicate lunch breaks and administrative tasks;

Orange boxes include the welcome and training overview;

Blue boxes indicate instruction on behavioral health and intellectual and developmental disability basics;

Green boxes indicate time set aside for community site visits and officer engagement with people with lived experiences and their families;

Purple boxes indicate instruction that focuses on community resources and viewpoints of different populations; and

Red boxes indicate scenario-based skills training and discussion of key legal and policy issues.