



Women's Leadership Institute

October 30 – November 3, 2023

Saratoga Springs, New York

AGENDA

Monday

8:00 am – 8:30 am	Networking Breakfast
8:30 am -9:00 am	Welcome and Opening Remarks Introduction and Naming Your Teams
9:15 am – 10:30 am	Learning Leadership
10:30 am – 10:45 am	BREAK
10:45 am – 12:00 pm	Leading High Performing Individuals <i>Harnessing the Power of Individual Differences</i> (includes short break)
12:00 pm - 1:00 pm	LUNCH (on your own)
1:00 pm – 2:30 pm	Harnessing the Power of Individual Differences: Application Exercise (cont.)
2:30 pm - 2:15 pm	BREAK
2:15 pm – 4:30 pm	Leading Change (includes short break)

Tuesday

8:00 am – 8:30 am	Networking Breakfast
8:30 am – 10:00 am	Understanding Followership (includes short break)
10:00 am – 10:15 am	BREAK
10:15 am – 12:30 pm	Motivation (includes short break)

12:30 pm – 1:30 pm	LUNCH (ON YOUR OWN)
1:30 pm – 3:45pm	Leading High Performing Teams
3:45 pm – 4:30 pm	Working on Change Project

Wednesday

8:00 am – 8:30 am	Networking Breakfast
8:45 am – 10:00 am	Emotional Intelligence
10:00 am-10:15 am	BREAK
10:15 am – 12:00 pm	Leading High Performing Organizations <i>Leading Ethical Organizations</i> (includes short break)
12:00 pm – 1:00 pm	LUNCH (on your own
1:00 pm – 2:30 pm	Balancing Your Financial Future
2:30 pm – 2:45 pm	BREAK
2:45 pm – 4:30 pm	Working on Change Project

Thursday

8:00 am – 8:30 am	Breakfast
8:30 am – 9:45 am	The Art and Science of Effective Communications <i>Crucial Conversations</i>
9:45 am – 10:00am	BREAK
10:00 am – 11:15pm	The Art and Science of Effective Communications <i>Effective Communications and Counseling</i>

11:15 am – 11:30am	BREAK
11:30 am- 12:15 pm	Leadership and Wellness
12:15 pm – 1:15 pm	LUNCH (Provided)
1:15 pm – 2:00 pm	Leadership and Wellness (Cont.)
2:00 pm – 2:15 pm	BREAK
2:15 pm - 3:15 pm	Getting to the Corner Office and Strategic Planning for Your Career
2:15 pm - 5:00 pm	Leading Change Project Presentation
<u>Friday</u>	
7:45 am – 8:15 am	Networking Breakfast
8:15 am – 9:15 am	Leadership Panel
9:15 am – 11:15 pm	Mentoring Session
11:15 am – 11:45 am	Graduation