



# Deepak Prasad

Corporal

Royal Canadian Mounted Police

Age: 36



**Corporal Deepak Prasad** has routinely demonstrated himself to be a professional, caring, and compassionate leader since joining the law enforcement profession in 2002. Inspired by an RCMP officer he met and seeking a challenging career where he could serve society, Corporal Prasad entered the profession as an emergency dispatcher, eventually joining the Canada Border Services Agency as a border services officer.

In 2009, Corporal Prasad joined the RCMP and was posted to a small town where he found a passion for mentoring the local youth, forming a youth group that received the Lieutenant Governor's Respectful Citizenship Award for service to the community of Port Hawkesbury. In 2018 he represented the RCMP at Buckingham Palace at the Prince of Wales' 70th Birthday Patronage Celebration.

He currently works as the Divisional Wellness Coordinator for the RCMP, where his advocacy for mental health and wellness has proven invaluable to police officers and their families. Currently working on his sixth professional designation related to first responder wellness, Corporal Prasad has spoken about mental health at several conferences and volunteers his time to help other agencies build and improve their wellness programs.

For the past eight years, Corporal Prasad has also served as an honorary Aide-de-Camp for the Lieutenant Governor of Nova Scotia. In 2015, he was appointed as a commissioner with the Nova Scotia Human Rights Commission. An avid volunteer, Corporal Prasad also supports a plethora of organizations to improve social justice, social welfare, and human rights.

"Helping our people and their families to stay healthy is a tribute to my Canadian, Fijian, and policing ancestors."